

English for Sports & Games

Why do we play? “It's not about whether you win or lose; it's how you play the game!” 重在参与! So have fun!

Ballgames ·American football 美式橄榄球 ·badminton 羽毛球 ·baseball 棒球/softball ·basketball 篮球 ·bowling 保龄球 ·cricket 板球 ·croquet 槌球 ·dodgeball 躲避球 ·four-square 四方地 ·golf 高尔夫 ·hackey sack/踢毽子 ·hockey 冰球 ·kickball (踢球?) ·lacrosse 长曲棍球 ·racquetball/squash 壁球 ·rugby 英式橄榄球 ·soccer/football 足球 ·tennis 网球 ·ultimate frisbee 飞盘 ·volleyball 排球 ·water polo 水球

Sports & Athletics without Balls ·archery 箭术 ·boxing 拳击 ·cycling 自行车运动 ·equestrian 马术 ·fencing 击剑 ·gymnastics 体操 ·jogging 慢跑 ·kung fu 功夫 ·line dancing 广场舞 ·racing 竞技 ·rock-climbing 攀岩 ·skiing (downhill & cross-country) 滑雪 ·speed-walking 竞走 ·tag ·tai qi 太极 ·tug of war 拔河 ·weightlifting 举重 ·wrestling 摔跤 ·yoga 瑜伽 ·bellydancing 肚皮舞

Which sports are played indoors, and which are played outdoors? Which can be played both places? Which need a team, and which are individual sports? Which sports are dangerous and easy to get hurt/injured 受伤? Which sports do Chinese athletes 运动员 play well or not well at the Olympics 奥运会? Why?

What do you do with the ball? ·pass 传球 ·shoot 投篮/射门 ·kick 踢 ·throw 扔 ·toss 投掷 ·catch VS. drop 接住/掉落 ·hand-off 递球 ·serve 发球 ·inbound 罚球 ·pitch 掷球 ·fake 假动作 ·dribble 运球 ·steal 抢断 (当别人运球时抢过别人的球) ·give VS. take 给/拿 ·lose, lose possession of 失去了球 ·pick up VS. put down 捡球/把球放下 ·fight for 抢球 ·call for 要球 ·lose control of 失去控制 ·hit VS. miss 击中/落空

If you have “possession” of the ball, you (and your team) are “on offense”. 如果你的队伍控制了球, 你就处于攻势。

If you (and your team) don't have the ball, you're “on defense”. 如果你的队伍没有控制球, 你就处于防守状态。

What's the Score? 比分如何? If the game isn't over, we can ask, “Who's winning?” If the game is over, we ask, “Who won?” 如果比赛没有结束, 我们可以问 “谁领先?” 如果比赛结束了, 我们可以问 “谁赢了?”

If the scores are the same, we call it a **tie** game 平局. In many games, the score is given in **points**. In soccer & hockey we score **goals**. In baseball & kickball we score **runs**.

When playing team sports formally 当正式比赛时, the score is kept by a **scorekeeper** 记分员 or a **referee** 裁判员, who makes sure teams follow the rules and keeps the time for the match 确保比赛队伍遵守规则和为比赛计时. Individual and informal sports usually require opponents to trust each other and keep score themselves. 非正式的比赛通常需要对手之间的相互信任, 自己计分。

Other Vocabulary ·announcer/commentator 解说员 ·ball hog 粘球 (指那些自己控制球从不传球的人) ·cheating 作弊 ·cheerleaders 拉拉队 ·coach 教练 ·foul 犯规 ·Good job! 好球! ·(good) sportsmanship 运动员精神 Vs. being a sore winner 洋洋得意的人/sore loser 输不起的人 ·My bad. 我的错。 ·re-do, replay, do over (a point or a play) 重来 ·(the) rules 规则 ·spoilsport 耍赖皮 ·sports fans 球迷 ·substitution 替补 ·teamwork 团队合作 ·take turns 轮流 ·It's your/my turn. 该你/我了